

GET FIT FOR THE FUN OF IT!



When you eat right and get fit,
you'll Be Powered up for fun!

The two Best tips to remember?
EAT HEALTHY. MOVE MORE.

Make healthy choices: eat low-fat meals, fruits
and veggies. Stretch, walk, jump and dance.

A HEALTHY BODY KEEPS YOU READY FOR ANYTHING!

Make more healthy moves at SubwayKids.com.

