

Snowball Relay

ACTIVITY

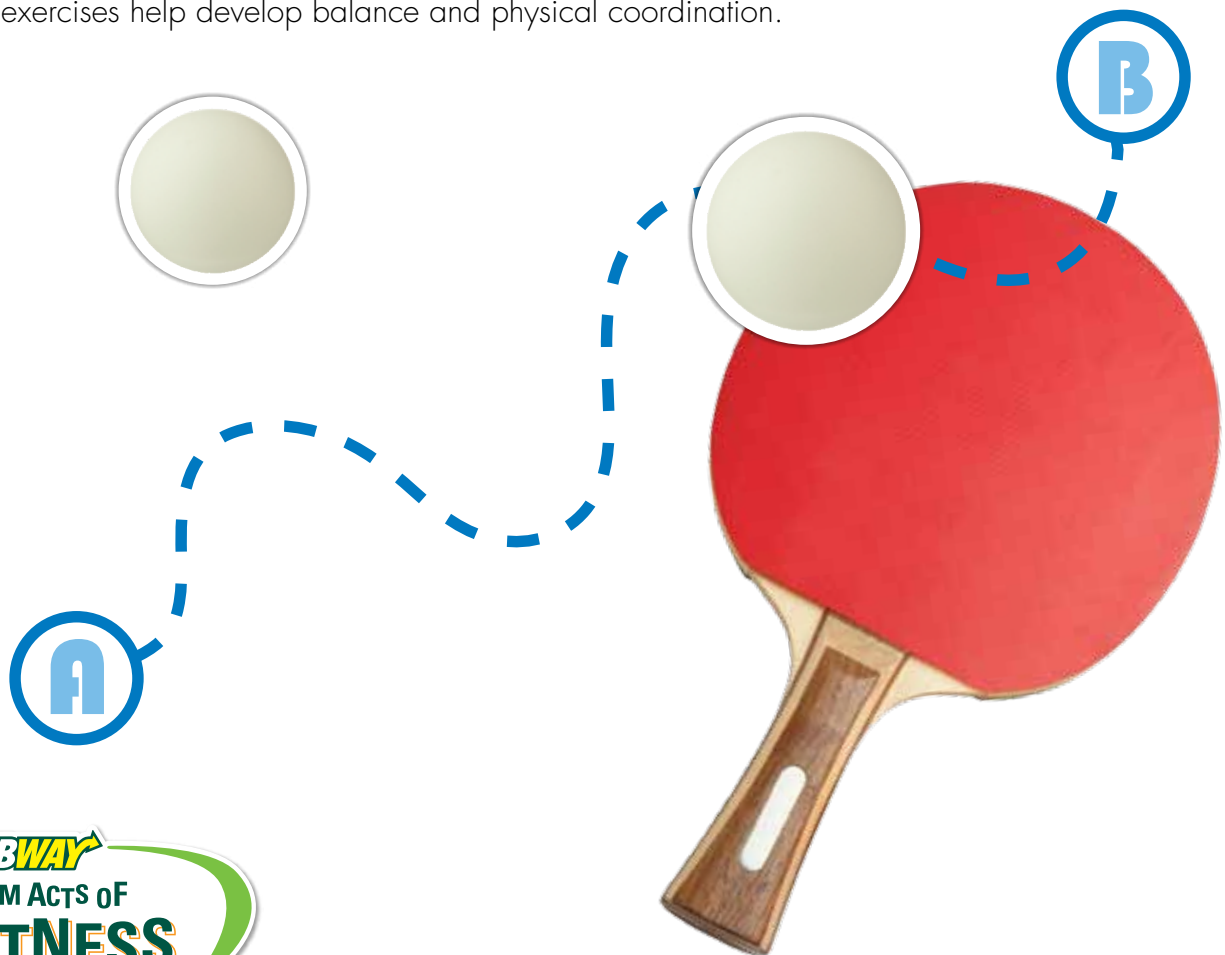
Use ping-pong balls instead of snowballs! Challenge students to balance a ping-pong ball on a paddle while walking as quickly as possible from point A to point B.

VARIATION

Have students start small by practicing with a ping-pong ball and spoon for a mini "egg and spoon" practice race from one side of the classroom to the other.

SKILLS

These exercises help develop balance and physical coordination.



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