



Three-Legged Race

ACTIVITY

In this classic game, kids form a line and pair up with the person next to them. They tie their ankles together (one's right ankle is tied to the other's left ankle) with a bandana or scarf, place their arms around each other's shoulders, and then race to the finish line. Each time kids must have a different partner and a different costume. Ideas:

- 3-Legged Pirate Race
- 3-Legged World Explorer Race
- 3-Legged Zombie Race
- 3-Legged Skeleton Race
- 3-Legged Clown Race
- 3-Legged Random Costume Race

EXTENSIONS

Add an obstacle or two to the race to make it more challenging for older students. Use traffic cones, pumpkins, a scarecrow, or whatever random items you like.

SKILLS

This silly race actually builds serious skills—like physical coordination, aerobic endurance, and cooperation with others.



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